

This incredibly strenuous but amazingly beautiful adventure into one of God's grandest creations is open to everyone, but NOT for the faint of heart!

This hike is on the little known, <u>unmaintained</u> & <u>unpatrolled</u> *Grandview Trail* at 7000' elevation. The 7 mile round trip hike is known for its beauty and its 4000' elevation change.

You MUST train for this to participate. The way to be sure you are physically up to the challenge is to do BOTH Piestewa Peak AND Camelback Mountain within the span of 6 hours. If in doubt, for the safety of everyone, please plan to stay rim-side.

We need to know by Sunday, September 29<sup>th</sup> if you will be joining us. Please go to our website and click on Events to see how to register.

\*There will be a group of non-hikers that want to join the fun and enjoy the beauty of the canyon...from the top. If that is something you are interested in, please let Brian Tuten or Pastor Doug know!

Brian Tuten at <a href="mailto:brian.t@thecconline.org">brian.t@thecconline.org</a> or (623) 866-9268 or Doug Troyer at <a href="mailto:doug@thecconline.org">doug@thecconline.org</a> or (623) 225-0796.

www.thecconline.org

#### Departure: Friday October 4th at 1pm:

• Meet at Panera Parking Lot to caravan – 2370 W. Happy Valley, 85085

<u>Camping Site Friday night October 4th:</u> (Car Camping): We will be car camping on a forest service road on national forest land, prior to the park entrance.

There are no directions/address, so if you want to camp with the group, you'll need to depart and stay with the group when we leave town and stop to eat.

## For the ride up:

- Something to drink on the way, that night, and the next morning.
- Money to buy something to eat for dinner in Flagstaff around 4pm

For the night: Nighttime temperatures could be in the low 30's (or high 20s:-)

• Sleeping bag, pillow This is 'quick camping' —

• Sleeping pad/cot/tarp No time for campfires,

• Anything else you need to get some rest. only easy setup/teardown.

## For the next morning:

- At the trailhead Grandview Point Lookout at 6:30am (East Rim Drive)
- Bagels, fruit, etc (provided by Cornerstone)
- We won't be stopping anywhere else for breakfast OR coffee.

For the Hike: Temperatures will range from low 40s—high 80s, so have layers

- We will begin the hike at 7am sharp. If meeting us there, be on time
- Be prepared with mole skin, band aids and any other first aid/medication
- 2-3 <u>quarts</u> of water <u>per person</u> in your pack <u>not bottles</u> QUARTS
- 2-4 quarts per person to stash on the way down for the hike out
- Plenty of high energy snacks and lunch next meal is at 5pm
- 1 flashlight per person
- Rain Poncho depending on forecast
- Light Jacket depending on forecast
- Extra pair of socks in case they get wet
- Comfortable, sturdy and WORN shoes running shoes are fine, nothing new

#### For the ride home:

- Clean shirt to change into
- DEODORANT!!! It is a 4+ hour trip home together!
- Money for Navajo Tacos at the Cameron Trading Post (around 5pm)
- Money to help with gas for those who are carpooling
- Home between 9-10pm Lord willing!

# Sunday:

COME TO CHURCH to worship with your FRamily and share what God did on our trip. And be ready! You'll be sore! But you'll be BLESSED!